

CHECKLIST: FOR BEHAVIOR CONTRACTS

The Contract:

- _____ 1. Is the behavior clearly specified?
- _____ 2. Does the contract call for and reward accomplishment rather than obedience per se?
- _____ 3. Does it ask for small approximations to the desired behavior?
- _____ 4. Does it provide for immediate reinforcement? (See 5.)
- _____ 5. Does it provide for small amounts of the reinforcer to be delivered frequently? (Later contracts may decrease the frequency and increase the delay while providing a larger reinforcer).
- _____ 6. Is the behavior to be rewarded after it occurs?
- _____ 7. Has the contract been mutually negotiated?
 - _____ a. Is it fair?
 - _____ b. Is it positive (as opposed to threatening)
 - _____ c. If there is a penalty clause, are consequences logical and or natural?
- _____ 8. Is it clear who will monitor the behavior?
- _____ 9. Is it clear what records will be kept, and when?
- _____ 10. Is it clear who is responsible for reinforcer delivery?

The Student

- _____ 1. Does the student understand the terms of the contract?
- _____ 2. Does the student agree that the terms are fair?

Other Parties to the Contract (including any other people collecting data or providing rewards)

- _____ 1. Do these people understand the terms of the contract?
- _____ 2. Do they understand how the behavior is to be measured?
- _____ 3. Have provisions been made to verify the accuracy of the data?

Adapted from:

Constructive Discipline Project, Los Angeles County Schools, Diana Browning Wright, Classroom Consultant, 1985

Diana Browning Wright, *Behavior/Discipline Trainings*

BEHAVIOR CONTRACT

This is a **Contract** between _____ and
(name of student)

_____. The purpose of the **Contract** is to
(name of faculty/staff member)

If _____
(name of task)

for _____
(amount of time)

he/she will earn _____.

_____ will be responsible for providing this reward.
(designated person)

| | |
|---------------------------------|-----------------|
| _____ (signature of student) | _____ (date) |
|---------------------------------|-----------------|

| | |
|---------------------------------|-----------------|
| _____ (signature of teacher) | _____ (date) |
|---------------------------------|-----------------|

| | |
|--------------------------------|-----------------|
| _____ (signature of parent) | _____ (date) |
|--------------------------------|-----------------|

| | |
|---------------------------------------|-----------------|
| _____ (signature of administrator) | _____ (date) |
|---------------------------------------|-----------------|

Date **Contract** expires: _____

Results: _____

From:

VanDover, T. (1996) Inclusion guide for handling chronically disruptive behavior. Manhattan, Kansas: Master Teacher.

Diana Browning Wright, *Behavior/Discipline Trainings*

SAMPLE

BEHAVIOR CONTRACT

This is a **Contract** between Alice and
(name of student)

Mr. Reynolds. The purpose of the **Contract** is to
(name of faculty/staff member)

prevent pouting/sulking behavior

If Alice handles problems situations without pouting/sulking
(name of task)

for 5 consecutive days (amount of time)

he/she will earn 30 minutes special time with a friend of her choice.

Mr. Reynolds will be responsible for providing this reward.
(designated person)

| | |
|---------------------------------|-----------------|
| _____ (signature of student) | _____ (date) |
|---------------------------------|-----------------|

| | |
|---------------------------------|-----------------|
| _____ (signature of teacher) | _____ (date) |
|---------------------------------|-----------------|

| | |
|--------------------------------|-----------------|
| _____ (signature of parent) | _____ (date) |
|--------------------------------|-----------------|

| | |
|---------------------------------------|-----------------|
| _____ (signature of administrator) | _____ (date) |
|---------------------------------------|-----------------|

Date **Contract** expires: September 17

Results:

Excellent - much improvement. Be sure to send a note home to share good news with parents..

From:

VanDover, T. (1996) Inclusion guide for handling chronically disruptive behavior. Manhattan, Kansas: Master Teacher.

Diana Browning Wright, *Behavior/Discipline Trainings*

CONTRACT

Student: _____

Parent(s): _____

Counselor: _____

Math Teacher: _____

Effective dates: _____ to _____

GOALS

Long term: _____

Short term: _____

Responsibility

(Who, What, When, How well)

Privileges

(Who, What, When, How much)

- | | | |
|----|-------|-------|
| 1. | _____ | _____ |
| | _____ | _____ |
| | _____ | _____ |
| 2. | _____ | _____ |
| | _____ | _____ |
| | _____ | _____ |
| 3. | _____ | _____ |
| | _____ | _____ |
| | _____ | _____ |

Bonus

Penalty

Who will monitor the behavior? _____

What records will be kept? _____

Who will be responsible for the delivery of reinforcers, privileges? _____

Signed: _____ Date: _____ Signed: _____ Date: _____

Signed: _____ Date: _____ Signed: _____ Date: _____

This contract will be reviewed: (date) _____

From:

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| |
|--------|
| SAMPLE |
|--------|

CONTRACT

Student: David Brown Parent(s): Mrs. Brown
Counselor: Mrs. Jones Math Teacher: Mr. Smith
Effective dates: January 8 to January 18, 1997

GOALS

Long term: David will graduate from high school

Short term: David will complete his homework assignments in math and earn a grade of C (or better) in the course from high school

Responsibility

(Who, What, When, How well)

Privileges

(Who, What, When, How much)

- | | |
|---|--|
| 1. <u>David will turn in his completed math assignment to Mr. Smith at the beginning of class.</u> | <u>David will be excused from the last period of the day (study hall) so he can go to work 1 hour early.</u> |
| 2. <u>Mr. Smith will correct David's homework and inform Mrs. Wright of his grade by 1 p.m. each day.</u> | <u>Mrs. Jones will keep all graphs of David's progress.</u> |
| 3. <u>(If the homework does not earn a grade of at least C, this contract will be revised next week.)</u> | |

Bonus If all assignments are turned in for the week, and all are graded C or better, David can leave for 2 hours early on Friday.

Penalty none

Who will monitor the behavior? Mr. Smith and Mrs. Jones

What records will be kept? Homework assignments: number turned in and grade

Who will be responsible for the delivery of reinforcers, privileges? Mrs. Smith, off campus pass

| | | | |
|---------------|-------------|---------------|-------------|
| Signed: _____ | Date: _____ | Signed: _____ | Date: _____ |
| Signed: _____ | Date: _____ | Signed: _____ | Date: _____ |

This contract will be reviewed: (date) January 18, 1997

From:

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CONTRACT

TASK

Who: _____

What: _____

When: _____

How Well: _____

REWARD

Who: _____

What: _____


When: _____

How Much: _____

Bonus: _____

Review Date: _____

Review Date. _____

 **Sign Here:** _____ **Date:** _____

➔ Sign Here: _____ **Date:** _____

TASK RECORD

[illegible]

From:
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CASE STUDY

BEHAVIOR CONTRACT FOR TRUANCY

Name: Mark Jones

Date: January 6, 1997

Problem: During the first eight weeks of school I have had 5 days of truancy. I agree that this is excessive and will follow the procedures below in order that I might reduce the number of day truant.

Provisions: I, Mark Jones, agree to the following:

1. I will attend school every day. If I miss school it will be for an excused illness or doctor's appointment and I agree to bring a note from home.
2. At the end of each school day I will record my attendance on a chart in the counselor's office.
3. Each morning I will pick up a green attendance card in the counselor's office, complete the card, have it initialed by each teacher for each class I attend, and exchange the card with my counselor according to the provisions of the reward schedule posted in the counselor's office.
4. I agree to attend all scheduled group meetings. I understand that this is a binding contract and I agree to abide by all the provisions herein.

Mark Jones

(Student's signature)

Counselor's Statement and Agreement:

I understand that this is a binding contract between _____
and myself and I agree to the provisions herein.

(Counselor's signature)

POST COUNSELOR'S OFFICE

REWARD SCHEDULE

Provisions:

In order to help you develop habits of attendance you will be rewarded for the classes you attend. Gradually, the rewards that you earn will be withdrawn in the hope that other rewards (success in class, less nagging by parents, freedom from that feeling of “getting caught” for skipping) will take over. During this eight-week project you will be rewarded in the following manner for attending classes.

Weeks 1, 2, and 3:

1. For each signature you receive on the green card you will be given a ticket for the drawing at the end of the three weeks.
2. For each positive (good) comment written by a teacher on the green card you will be given a bonus ticket.
3. For every five full days of class you attend without missing any classes you will receive five bonus tickets the first five day, ten bonus tickets for the second five (10 in a row), and fifteen for the third five (15 in a row). If you attend fifteen days without missing a class you will have earned thirty bonus tickets.
4. A drawing will be held at the end of the first three weeks. If you attended all your classes for three you would have been given at least 120 chances. So you can see the more you attend the better chance of winning the prizes listed below:

| | |
|-----------------------------|-----------|
| First Prize | \$10.00 |
| Second Prize | 5.00 |
| Third Prize | 3.00 |
| Fourth through Tenth Prizes | 1.00 each |

Weeks 4, 5, 6, and 7:

The same procedure as weeks 1, 2, and 3 will be followed. The prizes are listed below:

| | |
|---------------------|-----------------------------|
| First Prize | 4 tickets to drive-in movie |
| Second Prize | 2 tickets to Cinema Theater |
| Third Prize | 2 albums (33-1/3) |
| Fourth Prize | 1 album (33-1/3) |
| Fifth through Tenth | \$2.00 gift certificates |

Week 8:

During the last week no prizes will be awarded. We will have two group meetings during which we will discuss attendance and related topics. You must continue, however, to turn in your green card daily.